

HEALTH & SAFETY NEWSLETTER



BULLIVANT & ASSOCIATES INC.

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According to the WSIB, **Jobs** that involve the following factors are **at an Increased Risk of Workplace Violence**:

- Contact with the public
- Exchange of money
- Delivery of passengers, goods or services
- Having a mobile workplace (ie: vehicle)
- Working with unstable or volatile people
- Working alone or in small numbers
- Guarding valuable property or possessions
- Working late at night or in the early morning hours
- Working in community-based settings (ie: homecare)



How to **Prevent Workplace Violence**?

- Establish a violence prevention policy & standards (written and signed)
- Conduct a risk assessment (review risk factors in the workplace and all records/reports of incidents)
- Control violence hazards through workplace design and work practices (ie: lighting, fencing, locks, etc.)
- Educate & train your workers on how to prevent violence
- Regularly inspect your workplace for signs of violence (ie: holes in walls, broken items, etc.)
- Review and revise your program annually

Now that spring has arrived, here are some tips to **Minimize Harmful UV Exposure From the Sun**:

- Avoid midday sun (11 am–4 pm in the summer)
- Wear clothing that is tightly woven to block sunlight
- Wear a broad-brimmed hat that will shade your face, neck & ears
- Apply waterproof sunscreen [UVA & UVB with SPF15 or higher] to exposed skin; reapply after swimming/exertion



With warm weather comes barbeque use. Don't forget to consider hazards associated with Propane—it's flammable, explosive, and is a cryogenic liquid (very cold) that can cause burns similar to frost-bite. Always handle propane safely. The following are some **Propane Safety** tips to make this season...a Safe Season!!!

- Dispose of defective propane cylinders or cylinders more than 10 years old by taking them to an authorized propane distributor. **NEVER** put a used cylinder in your garbage—it may seem empty but contain enough left over propane to cause an explosion.
- Propane cylinders must only be filled by persons holding a gas maintenance qualification certificate.
- Always shut off your barbeque by closing the propane tank valve first, letting the gas burn off and the flame on the barbeque go out, and **THEN** turn the barbeque burner control knobs to the "OFF" setting.
- Always store propane cylinders outdoors and in a secured upright position

