

End of February 2007



News Release: Health Canada (February 8, 2007)

The Honourable Tony Clement (Minister of Health) & John Baird (Minister of the Environment) announced the launch of the **Challenge to Industry for the Safe Management of Chemicals**. As part of its **Chemicals Management Plan**, Canada's new government is challenging industry to provide the government with information about how they are safely managing 200 identified chemical substances. "The onus will be on industry to demonstrate that these 200 chemicals are used in ways that do not pose a hazard to human health or the environment."

Through the Challenge to Industry, Canada's new government will separate the 200 identified chemicals into batches of 15-30 substances and publish the lists in the **Canada Gazette** every 3 months. Industry will be required to take action and provide information on any of these substances in their possession within 4-6 months.

For further information: www.chemicalsubstances.gc.ca



Health & Safety Newsletter

BULLIVANT & Associates Inc.

UPCOMING TRAINING

BASIC CERTIFICATION TRAINING FOR JOINT HEALTH & SAFETY COMMITTEE MEMBERS

- MARCH 20 & 21, 2007
- APRIL 2 & 3, 2007

FORKLIFT OPERATOR SAFETY TRAINING

- MARCH 14, 2007
- APRIL 11, 2007



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Did You Know?... Canada's Food Guide has been revised.

Changes include:

- more foods from a variety of ethnicities
- recommendation for Canadians over age 50 to take a Vitamin D supplement
- a focus on vegetables, fruits & whole grains and limits on foods that are high in calories, fat, sugar & salt
- encouraging moderate physical activity (30-60 minutes) daily



See: www.healthcanada.gc.ca/foodguide for more information

Did You Know?...The Canadian Red Cross revised their First Aid & CPR guidelines.

In November 2006, the Canadian Red Cross revised their First Aid & CPR guidelines to make it easier to perform CPR, following recent research and new international CPR guidelines.



Simply put: rescuers should push hard, push fast, allow full chest recoil, minimize interruptions in compressions, and defibrillate promptly when appropriate.

Changes to the program include:

- addition of content on Automated External Defibrillation (AED)
- breath to compression rate for **all** ages (infant to adult) now 2 breaths (1 second each), followed by 30 compressions (allowing the chest to rise between compressions)

Contact **BULLIVANT & Associates Inc.** for quotes on First Aid & CPR